# 1.2.2 SYLLABUS OF SUBJECT RELATED COURSES

# SUBJECT RELATED COURSES

# **SYLLABUS**

























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#### SUBJECT RELATED COURSE - ALLOTMENT

SI. No	Course Name	Course Allotment	Page No.
1.	Breaking the Chain of Infection	B.Sc – I year	4
2.	Golden Hour First Aid	B.Sc – I year	6
3.	Patient Safety Codes	B.Sc – I year	8
4.	Phlebotomy and Infusion Nursing	B.Sc – I I year	10
5.	Nursing Core Competencies in Non-Communicable Diseases	B.Sc – I I year	12
6.	Trauma Nursing and Managing Post Traumatic Stress Disorder	B.Sc – I I year	14
7.	Demystifying NICU Care	B.Sc -I I I year	16
8.	Psychiatric Rehabilitation	B.Sc -I I I year	18
9.	Up-Skilling Critical Care	B.Sc -I I I year	20
10.	Standards of Geriatric Nursing	B.Sc – I V year	22
11.	<b>Lactation Support Professional</b>	B.Sc – I V year	24
12.	Rapid Review in Midwifery and Examination Skills	B.Sc – I V year	26
13.	Standards of Geriatric Nursing	P.B.B.Sc – II year	22
14.	<b>Lactation Support Professional</b>	P.B.B.Sc – I I year	24
15.	Rapid Review in Midwifery and Examination Skills	P.B.B.Sc – I I year	26



#### Outline of Subject Related Courses

SI. No.	Course	Course Code	Unit	Content	Hours	Credit	Page No.
1.	Breaking the	SRC -	Unit 1	Infection & Transmission	4 hours	01	4
	Chain of Infection	BC	Unit 2	Sterilization	4 hours		
			Unit 3	Hand hygiene practices	4 hours		
			Unit 4	Biomedical waste	4 hours		HOLESTE STE
2.	Golden Hour First	SRC -	Unit 1	Introduction	4 hours	01	6
	Aid	FA	Unit 2	Injuries	4 hours		
			Unit 3	Life Saving Skills	4 hours		
			Unit 4	Medical Conditions	4 hours		
3.	Patient Safety	SRC -	Unit 1	Introduction	4 hours	01	8
	Codes	PS	Unit 2	Patient safety	4 hours		
			Unit 3	Initiative & Programmes	4 hours		
			Unit 4	Legal & Ethical Issues	4 hours		
4.	Phlebotomy and	SRC -	Unit 1	Blood Collection	4 hours	01	10
	Infusion Nursing	PI	Unit 2	Vein puncture Procedure	4 hours		
			Unit 3	Blood drawing Tech.	4 hours		
		000	Unit 4	Blood Sample- Labeling	4 hours	0.1	10
5.	Nursing Core	SRC -	Unit 1	Introduction	4 hours	01	12
	Competencies in	NC	Unit 2	Health Programmes	4 hours		
	Non-		Unit 3	Competencies in NCDs	4 hours		
	Communicable Diseases		Unit 4	Role of International organization	4 hours		
6.	Trauma Nursing	SRC -	Unit 1	Concepts	4 hours	01	14
	and Managing Post	TN	Unit 2	Impact of Accident	4 hours		
	Traumatic Stress		Unit 3	Trauma & Drugs	4 hours	PHARE	
	Disorder		Unit 4	Trauma Management	4 hours		
7.	Demystifying	SRC -	Unit 1	Introduction	4 hours	01	16
	NICU Care	NC	Unit 2	Drug Administration	4 hours		
			Unit 3	Low weight baby birth	4 hours		
			Unit 4	Sick & Surgical disorder	4 hours		
8.	Psychiatric	SRC -	Unit 1	Introduction	4 hours	01	18
	Rehabilitation	PR	Unit 2	Steps involved in P.R	4 hours		
			Unit 3	Vocational Rehabilitation	4 hours		
		ger River	Unit 4	Nursing Administration	4 hours		
9.	Up-Skilling	SRC -	Unit 1	Introduction	4 hours	01	20
		CC CC	Unit 2	Nutrition for Critical	4 hours	01	20
	Critical Care		Unit 3	Care	4 hours		
			Unit 4	Ventilation & Intubation	4 hours		
				Burn Management			
10.	Standards of	SRC -	Unit 1	Aging & Senescence	4 hours	01	22
The State of	Geriatric Nursing	GN	Unit 2	Elderly Physical Care	4 hours		
			Unit 3	Psychological Care	4 hours	1	
			Unit 4	Elderly risk & Prevention	4 hours		
11.	<b>Lactation Support</b>	SRC -	Unit 1	First week Lactation	4 hours	01	24
	Professional	LS	Unit 2	Breast Feeding	4 hours	To the same	
		and the	Unit 3	Techniques	4 hours		
			Unit 4	<b>Breast Feeding Problems</b>	4 hours		
				Medication on feeding			
12.	Rapid Review in	SRC -	Unit 1	Assessment in Midwifery	4 hours	01	26
	Midwifery and	ME	Unit 2	Graph, Chart and Scales	4 hours		
	<b>Examination Skills</b>		Unit 3	Advanced Midwifery	4 hours		
	1		Unit 4	Drugs used in Obstetrics	4 hours	THE EXILENT	

#### COURSE: BREAKING THE CHAIN OF INFECTION



Course Code: SRC – BC Course Allotted to: B.Sc. I yr

Course description: By the end of this course, nursing students will acquire knowledge about the basic concepts of breaking the chain of infection and apply the practice in daily life.

#### **Learning Outcomes**

#### At the end of this course the students will be able to

- 1. Explain the Healthcare-associated infection
- 2. Understand transmission of infection process & infections
- 3. Practice various methods of sterilization and disinfection techniques
- 4. Utilize different types of personal protective measures
- 5. Hand cleaning and hand hygiene techniques

**Duration:** 16 hours

#### **Unit Heading**

Unit 1	Infection	4 hours
Unit 2	Transmission & Sterilization	4 hours
Unit 3	Hand hygiene practices	4 hours
Unit 4	Biomedical waste and its Management	4 hours

Organized By: Medical- Surgical Nursing Department

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#### COURSE MODULE: BREAKING THE CHAIN OF INFECTION

#### **Unit Heading**

Unit 1	Infection	4 hours
Unit 2	Transmission & Sterilization	4 hours
Unit 3	Hand hygiene practices	4 hours
Unit 4	Biomedical waste and its Management	4 hours

Total hours; 16

Teaching Learning Activity: Lecture cum discussion, demonstration and seminar

Method of Evaluation – MCQ

#### Scheme of Examination:

Written Examination 25 Marks
 Practical Skill 25 Marks
 Total 50 Marks

#### Instruction for course completion

- ➤ Attendance Compulsory
- > Students must learn and upgrade the skill required for this course
- > Students should obtain 50% overall to pass in this examination

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#### **COURSE: GOLDEN HOUR - FIRST AID**

Course Code: VAC – FA Course Allotted to: B.Sc. I yr

Course description: This course is designed to develop the nursing students to have clear understanding of what is golden hour during First Aid and then they have to improve their skillful abilities

#### **Learning Outcomes:**

#### At the end of this value added course the students will be able to

- 1. Understand the importance of basic concepts of First Aid
- 2. Learn different types of life saving skills
- 3. Demonstrate First Aid technique for various injuries
- 4. Describe First Aid for different medical conditions

**Duration: 16 hours** 

#### **Unit Headings**

Unit 1	Introduction	4 hours
Unit 2	Injuries	4 hours
Unit 3	Life Saving Skills	4 hours
Unit 4	Medical Conditions	4 hours

Organized by: Medical-surgical Nursing department

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#### COURSE MODULE: GOLDEN HOUR - FIRST AID

#### **Unit Headings**

Unit 1 Introduction 4 hours

Unit 2 Injuries 4 hours

Unit 3 Life Saving Skills 4 hours

Unit 4 Medical Conditions 4 hours

**Total hours: 16** 

Teaching Learning Activity: Lecture cum discussion, demonstration and seminar

Method of Evaluation - MCQ

#### Scheme of Examination:

Written Examination 25 Marks
 Practical Skill 25 Marks
 Total 50 Marks

#### Instruction for course completion

➤ Attendance Compulsory

> Students must learn and upgrade the skill required for this course

> Students should obtain 50% overall to pass in this examination

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#### **COURSE: PATIENT SAFETY CODES**

Course Code: SRC – PS. Course Allotted to: B.Sc. I yr

**Course description:** By the end of this course, nursing students will acquire knowledge about the basic concepts of patient safety codes for their clinical practice.

#### **Learning Outcomes**

#### At the end of this course the students will be able to

1. Defines the patient safety principles.

- 2. Develop and apply safe nursing practice interventions for patient safety
- 3. Describe the patient safety initiatives and programmes.
- 4. Illustrate the legal, ethical issues related to Patient safety

**Duration:** 16 hours

Unit 1	Introduction	4 hours
Unit 2	Patient safety	4 hours
Unit 3	Initiative & Programmes	4 hours
Unit 4	Legal & Ethical Issues	4 hours

Organized by: Mental health Nursing Department

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#### **COURSE MODULE: PATIENT SAFETY CODES**

Unit 1 Introduction 4 hours

Unit 2 Patient safety 4 hours

Unit 3 Initiative & Programmes 4 hours

Unit 4 Legal & Ethical Issues 4 hours

**Total hours: 16** 

**Teaching Learning Activity:** Lecture cum discussion, demonstration and seminar **Method of Evaluation** – MCQ

#### Scheme of Examination:

Written Examination 25 MarksPractical Skill 25 Marks

Total 50 Marks

#### Instruction for course completion

- Attendance Compulsory
- > Students must learn and upgrade the skill required for this course
- Students should obtain 50% overall to pass in this examination

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#### COURSE: PHLEBOTOMY AND INFUSION NURSING

Course Code: VAC – PI Course Allotted to: B.Sc. II yr

**Course description:** This course is designed to develop the nursing students to have clear understanding of what is phlebotomy and infusion nursing then they will improve their skillful abilities.

#### **Learning Outcomes:**

#### At the end of this value added course the students will be able to

- 1. Identify various equipments used for blood collection
- 2. Demonstrate venipuncture procedures
- 3. Explain correct technique of drawing blood
- 4. Collect and label the blood samples

#### **Duration: 16 hours**

Unit 1	Blood Collecting Equipments	4 hours
Unit 2	Venipuncture Procedures	4 hours
Unit 3	Correct Technique of drawing blood	4 hours
Unit 4	Collection and labeling of blood samples	4 hours

Instructor: Child Health Nursing Department

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#### COURSE MODULE: PHLEBOTOMY AND INFUSION NURSING

Unit 1	Blood Collecting Equipments	4 hours
Unit 2	Venipuncture Procedures	4 hours
Unit 3	Correct Technique of drawing blood	4 hours
Unit 4	Collection and labeling of blood samples	4 hours

**Total Hours: 16 hours** 

**Teaching Learning Activity:** Lecture cum discussion, demonstration and seminar **Method of Evaluation** – MCQ

#### Scheme of Examination:

Written Examination 25 Marks
 Practical Skill 25 Marks
 Total 50 Marks

#### Instruction for course completion

- Attendance Compulsory
- > Students must learn and upgrade the skill required for this course
- > Students should obtain 50% overall to pass in this examination

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## COURSE: NURSING CORE COMPETENCIES IN NON-COMMUNICABLE DISEASES

Course Code: SRC - PS.

Course Allotted to: B.Sc. II yr

Course description: This course addressed the constant threat of common and emerging non-communicable diseases, preventive measures offered & approach to control the non-communicable diseases & Research regarding emerging and re-emerging disease that pose a threat to the population

#### **Learning Outcomes**

At the end of this course the students will be able to

1. To establish and strengthen national policies and plans for the prevention and control of non-communicable diseases.

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#### COURSE MODULE: NURSING CORE COMPETENCIES IN NON-COMMUNICABLE DISEASES

Unit 1 Introduction 4 hours

Unit 2 Health Programmes 4 hours

Unit 3 Competencies in NCDs 4 hours

Unit 4 NCD - Health Programmes 4 hours

**Total hours: 16** 

**Teaching Learning Activity:** Lecture cum discussion, demonstration and seminar **Method of Evaluation** – MCQ

#### Scheme of Examination:

➤ Written Examination 25 Marks
 ➤ Practical Skill 25 Marks
 Total 50 Marks

#### Instruction for course completion

- ➤ Attendance Compulsory
- > Students must learn and upgrade the skill required for this course

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#### COURSE:

#### TRAUMA NURSING AND MANAGING POST TRAUMATIC STRESS DISORDER

Course Code: SRC - TN Course Allotted to: B.Sc.II yr

Course description: This course covers the signs and symptoms associated with trauma along with management of PTSD, assessment and the application of relevant cognitive behavioral strategies used in the treatment of trauma and PTSD. In addition the course focuses on the disorders often associated with trauma such as anxiety, panic, depression and other associated features e.g. guilt and shame.

#### **Learning Outcomes**

#### At the end of this course the students will be able to

- 1. Explain the onset and course, etiology of trauma and PTSD
- 2. Explain consequences of PTSD, and the impact of PTSD
- 3. Discuss on assessment, diagnosis, management and prevention of Trauma
- 4. Discuss on assessment, diagnosis, management and prevention of PTSD

#### **Duration hours: 16**

Unit 1	Introduction	4 hours
Unit 2	Health Programmes	4 hours
Unit 3	Competencies in NCDs	4 hours
Unit 4	Role of International Organization	4 hours

Organized by: Mental Health Nursing Department



#### COURSE MODULE:

#### TRAUMA NURSING AND MANAGING POST TRAUMATIC STRESS DISORDER

Unit 1	Introduction	4 hours
Unit 2	Health Programmes	4 hours
Unit 3	Competencies in NCDs	4 hours
Unit 4	Role of International Organization	4 hours

**Total hours: 16** 

Teaching Learning Activity: Lecture cum discussion, demonstration and seminar

# **Method of Evaluation** – MCQ

Scheme of Examination:

-	Written Examination	25 Marks
A	Practical Skill	25 Marks
	Total	50 Marks

#### Instruction for course completion

- > Attendance Compulsory
- > Students must learn and upgrade the skill required for this course

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#### COURSE: DEMYSTIFYING NICU CARE

Course Code: VAC - NC

Course Allotted to: B.Sc.III yr

**Course description:** This course is designed to assist the students to acquire knowledge in newborn assessment and to develop skill in providing effective newborn care and management at NICU.

#### **Learning Outcomes:**

#### At the end of this value added course the students will be able to

- 1. Appreciate the concepts an principles of neonatal nursing
- 2. Administer neonatal drugs
- 3. Appreciate the care of Low Birth Weight baby
- 4. Identify needs of sick neonate and provide care to sick neonate
- 5. Identify and provide care of neonates undergoing surgery

#### **Duration hours: 16**

Unit 1	Introduction	4 hours
Unit 2	Drug Administration of Neonates	4 hours
Unit 3	Low weight baby birth	4 hours
Unit 4	Sick & Surgical disorder of Neonates	4 hours

Organized by: Child Health Nursing Department

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#### COURSE MODULE: DEMYSTIFYING NICU CARE

Unit 1	Introduction	4 hours
Unit 2	Drug Administration of Neonates	4 hours
Unit 3	Low weight baby birth	4 hours
Unit 4	Sick & Surgical disorder of Neonates	4 hours

**Total hours: 16** 

Teaching Learning Activity: Lecture cum discussion, demonstration and seminar

25 Marks

 $\boldsymbol{Method\ of\ Evaluation-MCQ}$ 

#### Scheme of Examination:

Practical Skill

➤ Written Examination 25 Marks

Total 50 Marks

#### Instruction for course completion

> Attendance Compulsory

> Students must learn and upgrade the skill required for this course

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#### COURSE: PSYCHIATRIC REHABILITATION

Course Code: VAC – PR Course Allotted to: B.Sc.III yr

Course description: This course is designed to provide the knowledge and skills in the field of psychiatric rehabilitation.

#### **Learning Outcomes:**

#### At the end of this value added course the students will be able to

- 1. Explain the basic practical knowledge in the field of psychiatric rehabilitation
- 2. Describe the steps involved in Psychiatric rehabilitation
- 3. Explain vocational rehabilitation.
- 4. Outline the rehabilitative services available in India

#### **Duration hours: 16**

Unit 1	Introduction	4 hours
Unit 2 `	Steps involved in Psychiatric Rehabilitation	4 hours
Unit 3	Vocational Rehabilitation	4 hours
Unit 4	Nursing Administration	4 hours

Organized by: Mental Health Nursing Department

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#### COURSE MODULE: PSYCHIATRIC REHABILITATION

Unit 1 Introduction 4 hours
Unit 2 Steps involved in Psychiatric Rehabilitation 4 hours
Unit 3 Vocational Rehabilitation 4 hours
Unit 4 Nursing Administration 4 hours

**Total hours: 16** 

**Teaching Learning Activity:** Lecture cum discussion, demonstration and seminar **Method of Evaluation** – MCQ

#### Scheme of Examination:

Written Examination 25 Marks
 Practical Skill 25 Marks
 Total 50 Marks

#### Instruction for course completion

- Attendance Compulsory
- > Students must learn and upgrade the skill required for this course

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#### COURSE: UP SKILLING CRITICAL CARE

Course Code: VAC – CC Course Allotted to: B.Sc.III yr

Course description: This course is aimed to making nurses proficient in the specialized area (NICU, PICU, CCU, ICU, GEDIATRICS, PSYCHIATRY) of critical care, Interested nurses can enhance their skills and knowledge by taking this course and make a career for themselves in this discipline.

#### **Learning Outcomes:**

#### At the end of this value added course the students will be able to

- 1. Identify the concepts of critical care
- 2. Explain the nutrition for critically ill patients
- 3. Explain the process of ventilation and intubation
- 4. Describe the management process of pain, burns, by the aseptic techniques
- 5. Explain critical care in specialized area

#### **Duration hours: 16**

Unit 1	Introduction	4 hours
Unit 2 `	Nutrition for Critical Care	4 hours
Unit 3	Ventilation & Intubation	4 hours
Unit 4	Burn Management	4 hours

Organized by: Medical Surgical Nursing Department

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#### COURSE MODULE: UP SKILLING CRITICAL CARE

Unit 1 Introduction 4 hours

Unit 2 Nutrition for Critical Care 4 hours

Unit 3 Ventilation & Intubation 4 hours

Unit 4 Burn Management 4 hours

Total hours: 16

**Teaching Learning Activity:** Lecture cum discussion, demonstration and seminar **Method of Evaluation** – MCQ

#### Scheme of Examination:

Written Examination 25 Marks
 Practical Skill 25 Marks
 Total 50 Marks

#### Instruction for course completion

- ➤ Attendance Compulsory
- > Students must learn and upgrade the skill required for this course

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#### COURSE: STANDARDS OF GERIATRIC NURSING

Course Code: VAC - GN

Course Allotted to: B.Sc.IV yr & P.B.B.Sc.-II Yr

**Course description:** This course is designed to presents the unique health care needs of the older adult and introduces students to nursing approaches to managing those needs.

#### **Learning Outcomes:**

#### At the end of this value added course the students will be able to

1. Explain an over view of aging process

2. Describe physical care of elderly

3. Explain the psychosocial care of geriatrics

4. Outline the risk and prevention of geriatrics

#### **Duration hours: 16**

Unit 1	Aging & Senescence	4 hours
Unit 2 `	Elderly Physical Care	4 hours
Unit 3	Psychological Care	4 hours
Unit 4	Elderly risk & Prevention	4 hours

Organized by: Community Health Nursing Department

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#### COURSE MODULE: STANDARDS OF GERIATRIC NURSING

Unit 1 Aging & Senescence 4 hours
Unit 2 Elderly Physical Care 4 hours
Unit 3 Psychological Care 4 hours
Unit 4 Elderly risk & Prevention 4 hours

**Total hours: 16** 

Teaching Learning Activity: Lecture cum discussion, demonstration and seminar

Method of Evaluation - MCQ

#### Scheme of Examination:

Written Examination 25 Marks

Practical Skill 25 Marks

Total 50 Marks

#### Instruction for course completion

- ➤ Attendance Compulsory
- > Students must learn and upgrade the skill required for this course

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#### COURSE: LACTATION SUPPORT PROFESSIONAL

Course Code: VAC - LS

Course Allotted to: B.Sc.IV yr & P.B.B.Sc.-II Yr

**Course description:** This course is designed for the nursing students to assist mother in lactation and manage high risk feeding complication of both mother and infant.

#### At the end of this value added course the students will be able to

1. To explain anatomy and physiology of the lactating breast

- 2. To provide guidelines for the first week lactation
- 3. To explain techniques of breast feeding
- 4. To manage breast feeding problems
- 5. To identify special needs of the lactation
- 6. To explain on medication used during breasts feeding

#### **Duration hours: 16**

Unit 1	First week Lactation	4 hours
Unit 2	Breast Feeding Techniques	4 hours
Unit 3	Breast Feeding Problems	4 hours
Unit 4	Medication on feeding	4 hours

Organized by: Obstetric and Gynecological Nursing Dept.

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#### COURSE MODULE: LACTATION SUPPORT PROFESSIONAL

Unit 1	First week Lactation	4 hours
Unit 2	Breast Feeding Techniques	4 hours
Unit 3	Breast Feeding Problems	4 hours
Unit 4	Medication on feeding	4 hours

**Total hours: 16** 

Teaching Learning Activity: Lecture cum discussion, demonstration and seminar

 $\boldsymbol{Method\ of\ Evaluation-MCQ}$ 

#### Scheme of Examination:

	Written Examination	25 Marks
>	Practical Skill	25 Marks
	Total	50 Marks

#### Instruction for course completion

- > Attendance Compulsory
- > Students must learn and upgrade the skill required for this course

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#### COURSE: RAPID REVIEW IN MIDWIFERY AND EXAMINATION SKILLS

Course Code: VAC - ME

Course Allotted to: B.Sc.IV yr & P.B.B.Sc.-II Yr

Course description: This course is designed for the nursing students to learn and implement procedures and assessments done in the midwifery which helps them to implement in their workplaces to provide care to women and the newborns

#### **Learning Outcomes:**

#### At the end of this value added course the students will be able to

- 1. To explain the antenatal, postnatal and neonatal assessment
- 2. To explain partograph, bishops score, ballards chart
- 3. To appreciate PV Examination, CPD Assessment, IUD, Pelvimetry
- 4. To explain drugs used in obstetrics

#### **Duration hours: 16**

Unit 1	Assessment in Midwifery	4 hours
Unit 2	Graph, Chart and Scales	4 hours
Unit 3	Advanced Midwifery	4 hours
Unit 4	Drugs Used In Obstetrics	4 hours

Organized by: Obstetric and Gynecological Nursing Dept.

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# COURSE MODULE: RAPID REVIEW IN MIDWIFERY AND EXAMINATION SKILLS

U nit1	Assessment in Midwifery	4 hours
Unit 2	Graph, Chart and Scales	4 hours
Unit 3	Advanced Midwifery	4 hours
Unit 4	Drugs used in Obstetrics	4 hours

**Total hours: 16** 

Teaching Learning Activity: Lecture cum discussion, demonstration and seminar

Method of Evaluation - MCQ

#### Scheme of Examination:

>	Written Examination	25 Marks
A	Practical Skill	25 Marks
	Total	50 Marks

#### Instruction for course completion

- Attendance Compulsory
- > Students must learn and upgrade the skill required for this course

